

# Lectio Divina



## Lectio Divina for the Third Week in Ordinary Time

*We begin our prayer:*

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Almighty ever-living God,  
direct our actions according to your good pleasure,  
that in the name of your beloved Son  
we may abound in good works.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the  
Holy Spirit,  
God, for ever and ever.

(Collect, Third Sunday in Ordinary Time)

### Reading (*Lectio*)

*Read the following Scripture two or three times.*  
Matthew 4:12-23

When Jesus heard that John had been arrested, he withdrew to Galilee. He left Nazareth and went to live in Capernaum by the sea, in the region of Zebulun and Naphtali, that what had been said through Isaiah the prophet might be fulfilled:

*Land of Zebulun and land of Naphtali,  
the way to the sea, beyond the Jordan,  
Galilee of the Gentiles,  
the people who sit in darkness have seen a great  
light,  
on those dwelling in a land overshadowed by death  
light has arisen.*

From that time on, Jesus began to preach and say,  
“Repent, for the kingdom of heaven is at hand.”

As he was walking by the Sea of Galilee, he saw two brothers, Simon who is called Peter, and his brother Andrew, casting a net into the sea; they were fishermen. He said to them, “Come after me, and I will make you fishers of men.” At once they left their nets and followed him. He walked along from there and saw two other brothers, James, the son of Zebedee, and his brother John. They were in a boat, with their father Zebedee, mending their nets. He called them, and immediately they left their boat and their father and followed him. He went around all of Galilee, teaching in their synagogues, proclaiming the gospel of the kingdom, and curing every disease and illness among the people.

### Meditation (*Meditatio*)

*After the reading, take some time to reflect in silence on one or more of the following questions:*

- What word or words in this passage caught your attention?
- What in this passage comforted you?
- What in this passage challenged you?

*If practicing lectio divina as a family or in a group, after the reflection time, invite the participants to share their responses.*

### Prayer (*Oratio*)

*Read the Scripture passage one more time. Bring to the Lord the praise, petition, or thanksgiving that the Word inspires in you.*



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## Contemplation (*Contemplatio*)

*Read the Scripture again, followed by this reflection:*

What conversion of mind, heart, and life is the Lord asking of me?

*When Jesus heard that John had been arrested, he withdrew to Galilee.* When have I withdrawn from God due to struggles and difficulties? How can I use these moments to rely on God more fully?

*Come after me, and I will make you fishers of men.* How can I participate more fully in the Church's mission? How can I help the people I meet to encounter Christ?

*He went around all of Galilee, teaching in their synagogues, proclaiming the gospel of the kingdom, and curing every disease and illness among the people.* How am I called to serve my family, my parish, and my community? What obstacles keep me from serving?

*After a period of silent reflection and/or discussion, all recite the Lord's Prayer and the following:*

## Closing Prayer

The LORD is my light and my salvation;  
whom should I fear?

The LORD is my life's refuge;  
of whom should I be afraid?

One thing I ask of the LORD;  
this I seek:  
To dwell in the house of the LORD  
all the days of my life,  
That I may gaze on the loveliness of the LORD  
and contemplate his temple.

I believe that I shall see the bounty of the LORD  
in the land of the living.  
Wait for the LORD with courage;  
be stouthearted, and wait for the LORD.

(From Psalm 27)

## Living the Word This Week

*How can I make my life a gift for others in charity?*

Fast from social media, streaming, or other forms of entertainment one day this week and use the found time to offer assistance to someone in need.

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